



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

St Francis Celebrating Heritage Day



On the 30.09.2013 St Francis hospital celebrated heritage day.

It was nice and beautiful event and the theme of the event was ISOKO LAMI.

A lot was shared, on the day like how a women should wear, cooking tips. Stage plays, indlamu and amahubo.

Amongst other things the importance of embracing and learning other languages other than your vernacular was emphasized. We should embrace and preserve our culture. This was to prove that before modernisation we had our own ways of doing things. Long before modernisation we were already talking, eating and having our traditional clothes but after that we were made to think that the way we prepare and eat our meals is not good. We were made to believe that our language is poor it is not good to be used as a medium of communication. It is good to know other cultures but don't try to much in such a way that you lose yours in the process, Zahara says "umuntu ongazi la ephuma khona ufana nomuntu ongazi la eya khona."

Izinkondlo were read out loud and traditional crafts displayed. When we say Azibuye emasweni we mean as a nation let us be proud of who and what we are, as much as we live in a modern society but let us not forget our roots.

Sidla ngoludala, menu of the day: Isphuphutho- Sigwaqana inyama yangaphakathi, jeqe and isitambu.



Kwakuhle kudelile









ezikaGxabhashe—umdlalo womoya



Lapha Sibona Ummumzane oganwe ngamakhosikazi amaningi asemakhaya kodwa uma efika esilungwini (egoli) usebuya noMaMokoena owuGlamour amthole eGoli kasafuni nokudla ukudla amakhosikazi ache amphekela khona.

Yonke into eyenziwayo ayisamfanele yena ngisho amadombolo nenyama yangaphakathi abekade aziwa ukuthi uyakuthanda akasakudli .

Ugcina ehambile wabashiya eduba ikhaya ngenxa yokuthi usethathwe impilo yasesilungwini.

Izikhulumi ezahlukene



Sr M.T. Dlamini ,
ekhuluma
ngokupheka noku-
baluka kokudlla
ukudla kwesintu.



Ekuqaleni kwesokunxele

Nkk Nqobile Buthelezi efunda inkondlo eyabe ibhalwe wu M.T Dlamini UmamMchunu

Kwesiphakathi: ngu Nkk N.M. Ndaba umaTshabalala evunule ngezakubo eLesotho egqugguzela ukubaluleka kokwazi izimi.

Kwesokudla: uMnu P.J. Mbatha—echaza ngemvelaphi nokubaluleka kokwazi umsuka wozalo lwakho

Esinxeleni enzansi: Nkk E. Mbambo maNtanzi ekhuluma ngokuziphatha komuntu wesifazane



Ezixubile

